



5x60 TIMETABLE – September-December 2018

RHYL HIGH

Sep-Dec	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Astro</u>	<u>FOOTBALL</u> 12:55 - 13:30 Year 7 13:35 – 13:55 Year 9	<u>FOOTBALL</u> 12:55 - 13:30 Year 8 13:35 – 13:55 Year 10,11	<u>FOOTBALL</u> 12:55 - 13:30 Year 7 13:35 – 13:55 Year 9	<u>FOOTBALL</u> 12:55 - 13:30 Year 8 13:35 – 13:55 Year 10,11	<u>FOOTBALL</u> 12:55 - 13:30 Year 7+8 mixed 13:35 – 13:55 Year 9,10,11
<u>Sports Hall</u> <u>Gym Hall</u>	<u>TABLE TENNIS + DODGEBALL</u> All years Gym Hall/Dance studio		<u>Badminton + Table Tennis</u> All years Gym Hall/Dance studio		
<u>AFTER SCHOOL</u>	<u>FUN SWIM</u> Boys and Girls ALL YEARS Swimming Pool 3:00pm – 3:45pm Register upstairs	<u>FOOTBALL</u> Year 7+8 Football field.	<u>RUGBY</u> Year 7+8 Rugby field.	<u>FUN SWIM</u> Boys and Girls ALL YEARS Swimming Pool 3:00pm – 3:45pm Register upstairs	<u>FOOTBALL</u> GIRLS ONLY Year 7,8,9 Astro
3:00pm – 4:00pm	<u>Netball</u> Sports hall. Year 7,8, 9	<u>TENNIS</u> Gym Hall Play to latest music!		<u>GCSE CLUB</u> Year 10+11	<u>RUGBY</u> Year 9+10 Rugby field.
			<u>Table Tennis</u> Dance Studio Come and play to get on the school team!		<u>TABLE TENNIS + DODGEBALL</u> All years Gym Hall/Dance studio
4:00pm – 5:00pm			<u>Badminton</u> Training and games! Sports Hall Both RHS and TEDS pupils!	<u>Basketball</u> Training and games! Sports Hall Both RHS and TEDS pupils!	<u>FOOTBALL LEAGUE</u> Turn up and play Fixtures on night Astro turf



